

Отчет о деятельности  
общественной  
организации  
**«Гуманитарный  
проект»**  
за 2018 год



## We help people to live in the world with HIV

*In 2018, 3 770 new cases of HIV were registered in the Novosibirsk region, and the total 101 345 of new HIV cases were registered in the Russian Federation.*

The Novosibirsk regional non-governmental organization “Humanitarian Project” was founded by a group of the Novosibirsk medical doctors, psychologists and educationists in May 1998 with a view to implementing projects in the area of education, healthcare and science.

The work of NGO Humanitarian Project in 2018 was aimed at prevention of the spread and at early diagnostics of HIV and of other socially significant diseases in the Novosibirsk region, as well as in the regions of the Russian Federation.

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## The focus of the organization's work in 2018

### Strengthening the potential of the community of people with HIV

We have conducted a training workshop and prepared **24 peer consultants on HIV**. Peer consultants provided support to people with HIV in the walk-in center of the AIDS Center two times a week; at the end of the year, peer consultants started to work on a daily basis and continue to do so now.

In the office of the Humanitarian Project, **52 meetings of the support groups for people with HIV** were held, in which 576 people took part.

**10 consultants** who were **specially trained started to work in the mobile HIV testing station (test-mobile)**, which reaches all the districts of the city and of the region.



De-stigmatization and de-discrimination of people with HIV and care of families with HIV with children are some of the major targets of our work. In September, we held several training **workshops for women** attending the support group **dedicated to personal care and beauty secrets**.

Specialists from the MAC beauty company taught the workshop participants to apply makeup, the coaches of the Humanitarian Project held a class on health, dispelled the HIV myths and provided information to the participants which would help them protect themselves, their children and their partners.

**The workers of the MAC beauty company were offered a special training:** we discussed the specifics of working with HIV-positive customers and the necessity of being non-judgmental in dealing with all people, including those with HIV.

In 2018, the Humanitarian Project, in cooperation with the patients' organization Ostrov ("Island") and the Novosibirsk AIDS Center, arranged **celebration of the New Year for children with families with HIV**. There was a morning party with Father Frost and Snegurochka ("Snowgirl"), sweets for 650 little patients of the AIDS Center, a masterclass in making New Year tree decorations, which made the children and parents recall the party again and again. We are thankful to our friend, artist Sebastian Likan, for his masterclass.



## Raising the level of accessibility of consulting, testing, and treatment

In addition to traditional work, including trainings, workshops, seminars, and support groups, we first issued in 2018 a [mobile Android-application](#) — an **online reference book for people with HIV**. It contains all the necessary information on how to be treated, how to preserve psychological and physical well-being, how to visit medical doctors in the most effective way and how to talk about HIV with the family members, friends and loved ones. We tried to answer all the main questions about health, human rights, relations, which arise after the diagnosis and to “pack” the answers into an understandable and modern “package”.



We believe that the health preservation services should be close to the key affected populations; therefore, the mobile HIV express-testing laboratories, **test-mobiles, started to work at night** in those locations where key affected people are likely to get together. That approach proved to be 30% more effective than diagnosing HIV in state medical institutions.

Mobile HIV express-testing was conducted together with the AIDS Center. With our support and participation, **63 749 people living in the Novosibirsk region passed HIV express-testing and received pre- and post-testing consulting** (as a result, 1 102 people had positive HIV tests).

In 2018, **the HIV hotline 209-02-18** continued working. During the year, 3 066 calls were made. For the most part, those who called the hotline:

- ▶ needed a counsel after a HIV test;
- ▶ inquired about adherence matters in a situation of ARVT replacement;
- ▶ specified the schedule of the test-mobile.



Preparation of prevention teams for working in the Novosibirsk region remains to be relevant. In November, we conducted a seminar and trained medical doctors, specialists in social and youth policies from the Toguchin, Kochenevo, Kuibyshev, Ust-Tarka districts, from the towns of Iskitim and Berdsk and from Novosibirsk in pre- and post-consulting. 22 specialists were trained.

Special measures for preventing HIV were offered to people who were most affected by the epidemic:

- ▶ A series of training classes (21 meetings) for preparing activists among men having sex with men were conducted; as a result, a team of 8 men was formed;
- ▶ Workshops were conducted on raising awareness regarding HIV and ways to be protected for the customers of the rehabilitation centers of addicted people, as well as HIV testing in these centers (43 meetings).

## The educational program for specialists in HIV prevention in Russia

In 2018, we issued 8 [educational modules](#) “Prevention Master” meant for our colleagues. Interesting materials with video and interactive elements were offered to them. About 1500 people took part in our [webinars](#).





## Program “15: raising the quality of life in the families with vulnerable teenagers

**Program “15”** is an effective modern technology of group work with teenagers and their parents, aimed at creating conditions for raising the quality of life and preventing the spread of socially significant diseases, like alcoholism, drug addition, STD, HIV, in the community.

In 2018, we developed the **strategic development plan** for **Program “15”** to be promoted at the municipal and federal levels of RF till 2020. In addition, we conducted an **inter-regional forum “Prevention Mosaic. A Complex Approach to Prevention of Socially Negative Phenomena in the Family”**. 53 specialists from the Novosibirsk region, Republic of Udmurtia, Republic of Altay, Krasnoyarsk krai, Chelyabinsk region, and Republic of Buryatia came to take part in the forum.

We empowered the NGO teams working under the Program “15” in nine regions of Russia. The team from Krasnoyarsk krai won the grant of the Presidential Grants Foundation to promote the Program “15” in their region.

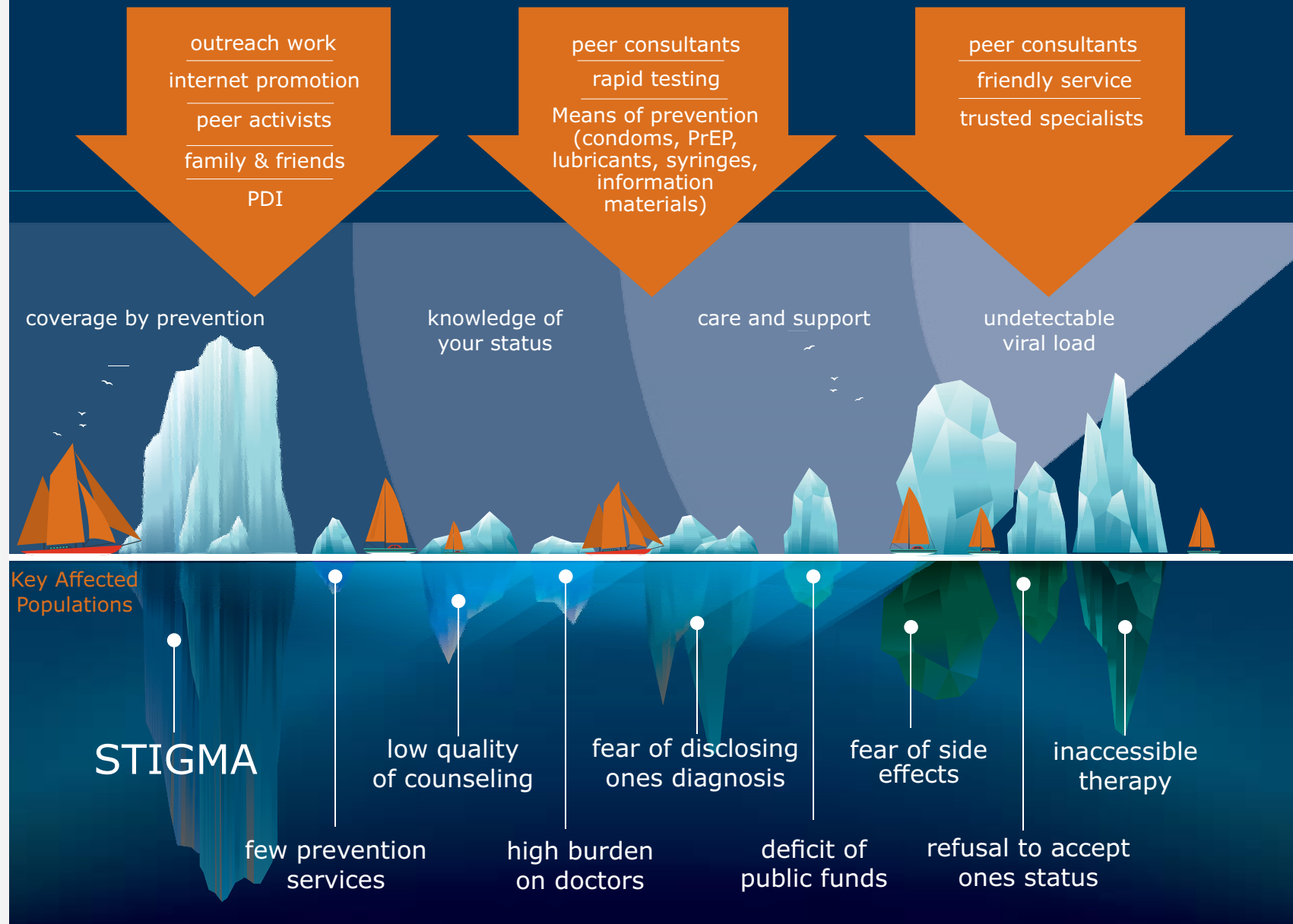
## The organization's resource center for communities

The resource center of the Humanitarian Project was used to hold meetings of the following communities:

1. The Anonymous Drug Addicts Group called Nadezhda (“Hope”) came together 3 times a week. 144 meetings were conducted during the year, attended by 1 440 persons.
2. The organization group of the Anonymous Drug Addicts held 48 meetings attended by 288 persons.
3. The Anonymous Drug Addicts for women held 8 meetings attended by 56 persons.
4. The T9NSK project for transgenders and their significant ones held 36 meetings.

Under the **Positive Strategies project**, we were able to provide support to the regional members of the Coordination Council for HIV/AIDS Issues in the Russian Federation under the Ministry of Health of Russia (travel expenses, hotel, etc.). With our support, representatives of the regional socially oriented NGOs attended the meetings of the Coordination Council and the working meetings for developing recommendations on implementation of the national strategy for combatting the HIV infection. The Humanitarian Project became one of the three winners of the Lighthouse project held by the Elton John AIDS Foundation. Our application submitted jointly with the Ministry of Health of the Novosibirsk region allowed us to attract additional resources to the fight against the epidemic in the region.

## PROJECT DIAGRAM "POSITIVE STRATEGIES»



## In 2018, we received support from the following organizations:

- ▶ The Ministry of Health of the Novosibirsk region;
- ▶ The Presidential Grants Foundation;
- ▶ Bread for the World, Germany
- ▶ The Open Institute of People's Health Foundation;
- ▶ The Elton John AIDS Foundation

## The organization's expenses in 2018 were 20 547,11 thousand rubles.

Статья	тыс. рублей
конференции семинары и т.п.	4 012,32
аренда и ремонт помещения	772,57
оплата труда	4 508,93
налоги	910,35
социальная помощь (подарки детям)	106,97
техническое оснащение	1 888,19
командировки	61,90
другая программная деятельность (тесты на ВИЧ, раздаточные материалы, исследования, прочее).	4 595,19
<b>всего:</b>	<b>16 856,42</b>