NOVOSIBIRSK REGIONAL NON-GOVERNMENTAL ORGANIZATION «HUMANITARIAN PROJECT»

# 2019 ANNUAL REPORT





#### "WE HELP PEOPLE LIVE IN THE HIV WORLD"

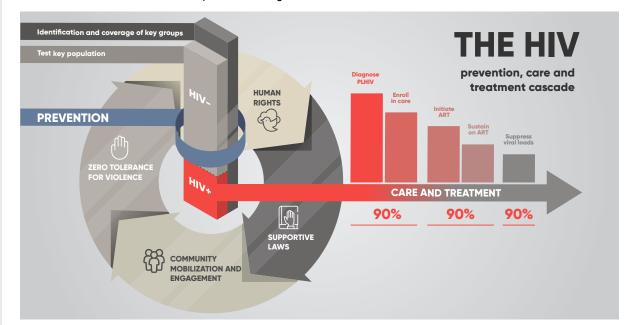
- ▶ 2,540 new cases of HIV infection were registered in Novosibirsk oblast in 2019, the Russian Federation total amounted to 94, 668.
- ▶ Novosibirsk regional non-governmental organization «Humanitarian Project was set up by a group of Novosibirsk doctors, psychologists and teachers to implement projects in Education, Healthcare and Science in May 1998.
- ▶ The activity of NGO "Humanitarian Project" in 2019 was aimed at realization of the National Strategy to Combat HIV infection in the RF.
- ▶ The "Humanitarian Project" carried on with realization of their strategic <u>plan</u>. We focused on two tasks:
- 1. The organization development as a resource centre to prevent HIV and other conditions of social importance, acting at local and federal levels.
- 2. The provision of development and support of services rendering direct assistance to different target audiences (people living with HIV, PUD, MSM, other groups).



Organization focus in 2019 was oriented to formation of the mechanisms adding to accessibility of prevention, treatment and support services related to hiv for vulnerable population groups

### Vulnerable groups in the centre of preventive measures

Both the WHO and the Russian Ministry of Healthcare point to prevention as one of the main directions in fighting HIV epidemic in the most vulnerable to epidemic groups. The key groups include, first of all, people using drugs now or in the past (PUD), men practicing sex with other men (MSM), sex workers (SW) and transgender people (TG). Facing negative reaction, they often lack both the experience of applying to an HIV centre and possibility to seek medical assistance.



#### **NGO CONTRIBUTION**

The NGOs task is to make their important contribution to realization of the National Strategy to Combat HIV infection. To enable the development planning of services rendered by the NGOs countrywide, we have assessed the contribution made by the NGOs and activists into realization of the National Strategy to Combat HIV in Russia in 2018.

#### LOW-THRESHOLD SERVICES

Providing everyone with HIV-related services, timely registration with HIV centers and onset of treatment are crucially important. As for our work, we have chosen a strategy of a low-threshold service development. To make the services more accessible, we enable preparation of volunteers, outreach workers and equal consultants on a constant basis. The accessibility of test and treatment services for representatives of the key groups was provided by operation of test mobiles during the daytime and in the evening, the low-threshold room, development of equal consulting. The work on development of accessible testing and consulting will be continued in 2020.

#### TREATMENT PERSISTENCE

One of the most difficult tasks in counteracting HIV is forming the treatment persistence. When people miss therapy, are not committed to drug administration, it leads to formation of more persistent viral forms. As a consequence, the death rate increases, there arises the necessity to administer newer and more expensive drugs that are additional burdens to budgets.

#### RESULTS IN FIGURES AND PRODUCTS

#### **EQUAL CONSULTING**

The equal consultant helps in building motivation to treatment and overcoming fears, appealing to their own experience. Together with our partner organizations, we have summarized and systemized the preparation and development experience of the equal consultant service on the basis of the NGOs and governmental organizations. We have worked out the equal consulting <a href="https://doi.org/10.1001/jan.2001



### APPRAISAL OF EXISTING BARRIERS IN RECEIVING SERVICES

We have developed an <u>instrument</u> of public appraisal in receiving services in case of HIV infection and <u>video instructions</u> on how to use it. The instrument has been approved in five regions of the RF, and we became convinced that it enabled the NPO to trace and research personal, social and structural barriers, which people face while receiving HIV-related services.



Елена Касик: «Анализ результатов исследования. Как... 1 просмотр · 1 день назад



Татьяна Сагидулина: «Методический пакет для оценки барьеров при... 4 просмотра · 1 день назад



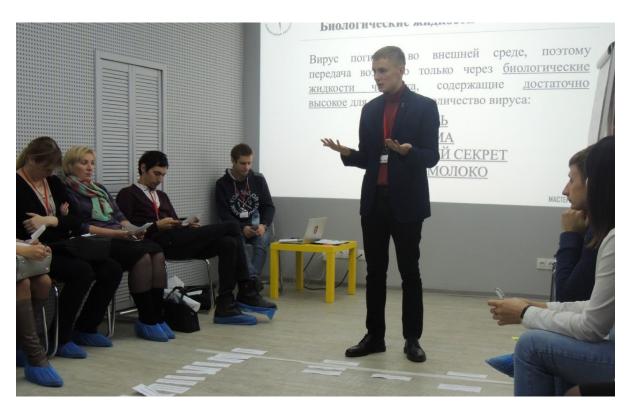
Елена Касик: «Как отбирать людей для исследования?»
1 просмотр · 1 день назад



Денис Камалдинов: «Что такое каскад услуг в связи с ВИЧ и для чего... 31 просмотр · 3 недели назад

### NGO COOPERATION, SUPPORT AND DEVELOPMENT

We transferred our knowledge and helped to exchange experiences to other NGOs at transregional events (seminars and work meetings), in which 65 participants from 15 NGOs took part. They were our partners form Saint Petersburg, Moscow, the Republic of Bashkortostan, the Republic of Tatarstan, the Republic of Mordovia, Sverdlovsk Oblast, Irkutsk Oblast, Volgograd Oblast, Orenburg Oblast, Rostov Oblast, Novosibirsk Oblast, Perm Krai, Primorsky Krai and the Republic of Buryatia.



We presented our experience at V All-Russian <u>Forum</u> for specialists in HIV/AIDS prevention and treatment.

At the end of 2019 our organization represented Russia at the <u>Paris Peace Forum</u>. At the Forum we told about our low-threshold services and shared the experience of effective interaction of governmental services and the NGO.

Being a member of Russian delegation, we took part in <u>a meeting</u> of Coordinating Board of the Joint United Nations Programme on <u>HIV/AIDS</u>, where we shared our experience at the local level.



#### **KEY GROUPS COVERAGE**

The system of online monitoring, introduced by us this year, takes into account every client from the moment the first contact with an outreach worker was made to registration with an AIDS centre and onset of treatment.

4,955 representatives of the key groups have made use of our services for 2019. 3,022 people have been tested for HIV. 265 of them have been tested positive, that makes up 8.7%. 3,224 people have been consulted about HIV and personal preventive means.

266 people started treatment in an AIDS center, including lost patients.



The strategy of low-threshold service development has proved to be effective. Speaking of the possibility to detect positive results, it is 3 times higher through points of accessible testing compared to testing done in medical institutions (3.5% versa 1.3% with total population). We want to develop the low-threshold service not only in the city itself, but in Novosibirsk Oblast as well, and due to this reason the specialists of our resource centre have taught 51 specialists from there. We held three-day seminars, during which the participants developed their competences in the interdisciplinary approach to HIV prevention.

We have organized training for **consultant and outreach workers preparation for 220 hearers, 25 of whom had their qualification as an HIV consultant certified.** Equal consultants and outreach

workers rendered daily assistance and support to people living with HIV in the AIDS centre policlinic.

48 meetings of support groups organized for people living with HIV with 400 participants have been held in the "Humanitarian Project" resource centre. There have also been organized 24 group meetings for women with 96 participants.



Together with the patient organization "Ostrov" and Novosibirsk AIDS Centre we organized the New Year celebration for children from HIV infected families. At matinees with Father Frost and Snow Maiden we gave sweet presents to 500 small patients from the AIDS centre.

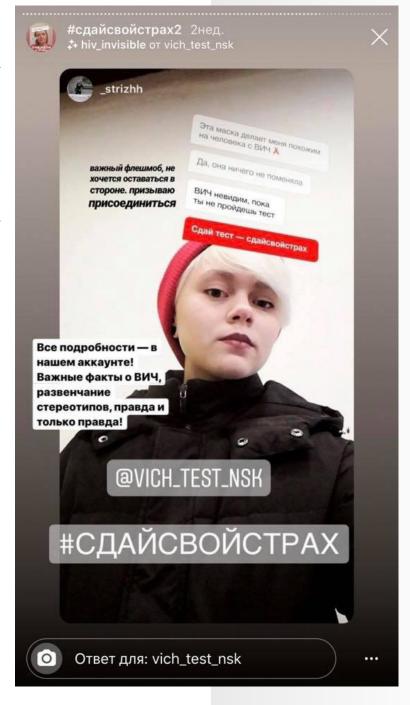
The "HP" also holds "Narcotics Anonymous" meetings, 144 meetings total with 1,152 participants have been held, a female group was held separately (48 meetings, 240 participants). We have held 144 meetings for the key groups, where we discussed HIV prevention, what is relevant for the subculture and way of life of our clients. 1,028 people took part in them.

#### INFORMATION TELEPHONE NUMBER ON HIV RELATED ISSUES 209-02-18.

746 addresses have been received for this year, from which 504 were HIV-related, the rest were about drug abuse and hepatitis forms.

308 (41%) — addresses from women.

438 (59%) — addresses from men.



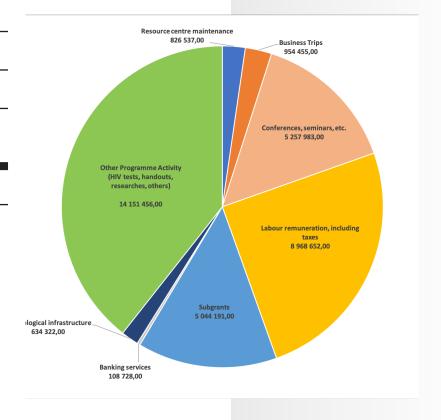
We have also carried out a publicity campaign "Give up your fear" in the social network "Instagram", motivating people not to be afraid to do HIV tests in test mobiles or though other accessible services. The stories with augmented reality masks, posted in the framework of the campaign, have been watched 1.5 mln times. The campaign has been reported by such media as "Afisha", "The Village», «Takie dela», «Metro». The number of test mobile tests done in Novosibirsk in December 2019 during this campaign increased by 57% compared to December 2018.

#### IN 2019 WE WERE SUPPORTED BY:

- ▶ The Ministry of Healthcare of Novosibirsk Oblast
- ▶ Presidential Grants Fund
- ▶ Saint Petersburg Charity «Humanitarian Action»
- ▶ Elton John AIDS Foundation

## 2019 EXPENSES OF THE ORGANIZATION MADE UP 35, 946 THOUS. RUB.

Article	Sum, RUB
Resource centre maintenance	826,537.00
Business Trips	954,455.00
Conferences, seminars, etc.	5,257,983.00
Labour remuneration, including taxes	8,968,652.00
Subgrants	5,044,191.00
Banking services	108,728.00
Technological infrastructure	634322,00
Other Programme Activity (HIV tests, handouts, researches, others)	14,151,456.00
Total	35,946,324.00



NGO "Humanitarian Project" 18 Vokzalnaya Magistral, Novosibirsk +7(383) 209-02-18, +7(383) 209-02-19

humannsk@gmail.com

www.human.org.ru https://www.facebook.com/ngohumanitarianproject